## **Policies and Procedures**

## TITLE: Discharge Criteria from XYZ ASC

Prepared by:Endorsed by:	Authorized by: Effective Date:
<b>PURPOSE:</b> To ensure that all patients rethe Center Post-operatively.	meet a standardized Discharge Criteria before leaving
•	recovery before being transferred to Phase 2 charge and physical discharge from the ASC.
The discharge criteria will be documente. Anesthesiologist when patient has met the	ed by the PACU nursing staff and reported to the e following criteria.
•The Surgeon that performed the procedu	re will be notified to obtain a physical discharge order.
Source: ASC Durango (Colo). Adapted and repr	rinted with permission.

Description			Medical Discharge Criteria
Extremity CSMT			Intact
<u>Intact=√</u> → <u>C</u> olor=pink-Capillary refill< 3se			
block, Motion = intact or appropriate for block	k, <u>T</u> emp = warm. Otherwise: <b>NN</b> = See		
Nursing Notes. NA= Not Applicable  1. Level of Consciousness Score			Score = 2
Awake and oriented		2	Score - 2
Arousable with minimal stimulation		1	
Responsive only to Tactile Stimulation (TS)or	Unresponsive (U)	0	
2. Physical Activity Score			Score = 2
Able to move all extremities on command Some weakness in movement of extremities		2	(if patient has a peripheral nerve block, the extremity movement should be
Unable to voluntarily move extremities		0	appropriate for the blocked limb)
3. Hemodynamic Score		Ť	Score = 2 or 1 Must be stable and consistent with age and preoperative baseline.
Within 20% of preoperative value		2	The preoperative baseline may be adjusted to patient's usual hemodynamics when
20-40% of preoperative value		1	appropriate (e.g. for patients with relative hypertension compared to their usual BP
>40% from of preoperative value		0	
4. Respiratory Score			on admission)
Able to breathe deeply		2	Score = 2
Tachypnea with good cough		1	
Dyspneic with weak cough		0	
5. Oxygenation Score			Score = 2 or 1 If the patient has not returned to within 2% of baseline within an
Maintains >90% or within 2% of baseline on RA		2	hour of otherwise being fit for discharge, call physician to evaluate and consider
Requires supplementary oxygen to maintain > Maintains < 90% or < 2% of baseline with oxygen		1	discharge with home O <sub>2</sub> .
With Oxy	BC11		
6. Pain Score			Score = 2 or 1 (or near baseline if chronic pain)
None or mild discomfort (0-3)		2	-Level of pain must be acceptable to patient for discharge
Moderate pain (4-6)		1	-Pain should be controllable with oral analgesics
Persistent severe pain (7-10)		0	-The location, type and intensity of pain should be consistent with the procedure
			performed
7. PONV Score		+	Score = 2 Level of nausea and vomiting must be acceptable to patient
None or mild nausea with no active vomiting		2	30010 - 2 Level of flaused and volinting fillust be acceptable to patient
Transient vomiting or retching		1	
Persistent mod-severe nausea and vomiting		0	
Total PACU Score (∑1-7) A n	ninimum score of 12 (with no	sco	re less than 1 in any individual category) is required for a patient to bypass the
PAG	CU or be discharged from the	PA	CU after general anesthesia.
8. Ambulation Score (Phase II)			Score = 2 or patient must be able to ambulate at preoperative state
Steady gait/ no dizziness		2	
With assistance		1	
None/dizziness  9. Surgical Bleeding Score		-	Score = 2 Surgical bleeding should be minimal and consistent with bleeding
Minimal (Does not require dressing change)		2	expected for the surgical procedure
Moderate (Up to 2 dressing changes with no t	further bleeding)	1	expected for the surgical procedure
Severe (More than 3 dressing changes with co		0	
Total Medical Discharge Score (∑	· · · · · · · · · · · · · · · · · · ·		•
Voiding Criteria	Patients with surgeon order	r to v	roid prior to discharge must void per order
<b>5</b>			
	High risk patients (should vo		· • · · · · · · · · · · · · · · · · · ·
	High risk patients (should vo	sure	ery trectal, gynecological, urological) with physicians order to void prior to discharge
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